

2021 'C' PROFICIENCY STANDARD MARKING SHEET

Pre-Requisite: D* Certificate

Objectives:

- To attain a balanced seat, independent of reins on the flat and over small fences
- To show control of the pony/horse at all times
- Demonstrate knowledge of equitation science, groundwork and horse management as outlined below
- Testing may include any previous work in the Syllabus including pre-requisite certificate work
- A pass must be gained in all sections, supplementary work may be necessary

RIDER		DOB	
CLUB		VENUE	
EXAMINER		DATE	
OVERALL RESULT		ASSESSMENT	COMMENT
<i>WRITTEN ASSESSMENT</i>		<i>/160</i>	<i>Completed online or hard copy. Must score 75%. ie.120/160</i>
<i>PRESENTATION</i>			
<i>RIDERS TOOL KIT</i>			
<i>GROUNDWORK</i>			
<i>IN THE SADDLE RIDING</i>			
<i>IN THE SADDLE JUMPING</i>			
<i>HORSE MANAGEMENT</i>			
RESULT OVERALL			
PRESENTATION			
REQUIREMENTS		MARK	COMMENTS
Rider to be in formal pony club uniform including badge.			
Horse – clean & tidy but not necessarily clean to the skin, especially in cold weather. Plaiting not required.			
Hooves – clean and evidence of care			
Gear – clean and correctly fitted			
Punctuality and Courtesy			
GRADING	5- Outstanding	4- Commendable	3- Sufficient
	2- Needs to improve	1- Not yet competent	

RIDERS TOOL KIT		
REQUIREMENTS	ASSESSMENT	COMMENTS
Have an understanding of the horse's evolution. <i>55 million years ago, gradual change to environment. Adaptation to help horse survive; Sensitive hearing, large eyes, fast reflexes, speed, herd instinct for bonding/protection, good memory, digestive system travel long distances for food (don't have to lie down/chew cud like cow).</i>		
Have an understanding of how to manage the flight response. <i>Is an instinct to keep horse safe from predators. Involves horses' legs moving quickly/gaining control reduces flight response & stress.</i>		
Discuss the three parts of pressure release training. <i>Light aid, stronger aid and release (thank you).</i>		
Discuss reward training <i>with scratching/food, punishment enforces bad behaviour/frightened and habituation getting used to things; loudspeakers, tack, being ridden, sound of cars.</i>		
Discuss classical conditioning <i>A stimulus; sound or smell, becomes associated with a reflex or learned response. (ie Sound of car arriving means getting fed).</i>		
ASSESSMENT COMPETENT/NOT COMPETENT		Compete
GROUNDWORK		
REQUIREMENTS	ASSESSMENT	COMMENTS
Demonstrate accurate stop <i>3 seconds, step back 2 steps, walk slow, lengthen, go, turn from light signals.</i>		
Groundwork Test <i>(see final pages of assessment sheet)</i>		
Demonstrate park <i>15 – 20 seconds.</i>		
Explain how a voice cue is trained <i>Use of word clearly just before you use pressure-release cue; example "back".</i>		
ASSESSMENT COMPETENT/NOT COMPETENT		
RIDING		
<ul style="list-style-type: none"> • Candidates should be encouraged to ride in snaffle bits wherever possible. If another bit is used, the candidate should know the name and understand its action. • The rider should be able to maintain consistent contact through the reins • In checking diagonals or leading legs, the candidate may drop the eyes to look at the shoulders but may not drop the head or lean forward. • Ideally the concept of 'feel' through the seat should be introduced here. 		
REQUIREMENTS	ASSESSMENT	COMMENTS
Alter stirrups whilst mounted at halt <i>Foot remains in stirrup at all times. Rider maintains rein contact.</i>		
Demonstrate how to tighten girth whilst mounted at Halt <i>Foot must be in stirrup at all times, and to front of saddle. Rider must not let go of the reins.</i>		
Demonstrate correct riding position <i>Vertical line through ear, shoulder hip and heel. Eyes up and looking ahead. Elbows soft with bend. Arms maintain a straight line from elbow along arms to the bit.</i>		

Stop with accuracy from light signals <i>Rider has independent seat, horse responsive to halt by stopping within 2-4 steps.</i>		
Demonstrate clear and accurate upward and downward transitions <i>Knowledge of and correct use of natural aids; explain aids to make pony go forward in all paces and to halt.</i>		
Change pace/direction within each gait in self carriage (lightness) <i>Candidate to have control at all times.</i> <ul style="list-style-type: none"> • Walk (<i>slow, medium, lengthen</i>) • Trot (<i>slow, working, lengthen</i>) • Canter (<i>slow, working, lengthen</i>) 		
Show the correct rising diagonal <i>Able to identify which diagonal they are on and able to change diagonal. Rider can drop eyes to check but may not lean forward or drop head.</i>		
Demonstrate Canter and recognise leading legs <i>Straight line and 20m circle both reins. Rider may drop eyes to check but may not lean forward or drop head. Rider must maintain balance without using reins.</i>		
Knowledge of paces and footfalls at Trot & Canter <i>The candidate must know beat and footfalls.</i>		
Walk and trot without stirrups <i>Candidate must maintain a relatively secure position without unduly upsetting the horse. Speed and line must be maintained. Pommel of saddle can be used to re-establish position.</i>		
Ride with reins in either hand at walk and trot <i>Candidate must, hold the reins in one hand, be able to change the reins from one hand to the other, be able to steer and stop the horse with the reins in one hand.</i>		
Demonstrate shortening and lengthening reins whilst riding one handed <i>Rider to be able to maintain control of horse at all times.</i>		
ASSESSMENT	Competent	Not Yet Competent

JUMPING

- The forward jumping position/s with a steady lower leg should be established by the time of the test
- Candidates may hold onto the mane or a correctly fitted neck strap over the jump

REQUIREMENTS	ASSESSMENT	COMMENTS
Demonstrate correct 2-point and 3-point position. <i>Discuss when to use these positions.</i>		
Demonstrate a balanced position over poles <i>Single and in sequence.</i>		
Walk a showjumping course; <ul style="list-style-type: none"> • <i>Understand & discuss jumping strides and distances</i> • <i>Recognise several different types of SJ fences</i> • <i>Demonstrate knowledge of rules</i> • <i>Discuss factors to take into consideration when walking course and why</i> 		
Negotiate small show jumps - maximum height and width of up to 65cm <ul style="list-style-type: none"> • <i>Demonstrate a balanced jumping position</i> • <i>Allow the horse freedom to round over the fence by adequately allowing with the hands over the fence (correctly fitted neckstrap is recommended)</i> • <i>Present the horse with a straight approach to each fence</i> 		

Riding over varied terrain, including some cross country obstacles maximum height up to 65cm <i>Rider must maintain balanced position over varied terrain including obstacles.</i>		
ASSESSMENT	COMPETENT/NOT COMPETENT	
HORSE MANAGEMENT		
REQUIREMENTS	ASSESSMENT	COMMENTS
Know Points of the horse; <i>Poll, point of hip, hind quarters, gaskin, flank, jowl, breast, ribs, cannon bone, forearm, chestnut, ergot.</i>		
Know these markings; <i>Star, snip, blaze, stripe, socks & stockings.</i>		
Know these colours; <i>chestnut, bay, brown, black, palomino and grey.</i>		
Know How to Measure the height of a horse; <i>Understand units of measurement.</i>		
Grooming kit and uses: <ul style="list-style-type: none"> Identify contents of grooming kit and explain uses of each item; <i>combs, sponge, towel, bot knife.</i> Groom horse to C Standard <i>clean but not clean to the skin. Know when it is appropriate to wash a horse and understand what care needs to be taken.</i> 		
Discuss correct hoof management practices <ul style="list-style-type: none"> <i>Know how often a horse should be shod and understand when a horse needs shoeing or reshoeing. Understand care of unshod foot.</i> 		
Identify the bars of the hoof <i>Extension of the hoof wall, that turn in at the heel and run partway along the frog. The bars strengthen the heel area and control overexpansion of the heels.</i>		
Know and explain the use of farrier's tools; <i>rasp, knife cutters, hammer, buffer, pincer.</i>		
Discuss & demonstrate the requirements for transporting horses <ul style="list-style-type: none"> <i>Discuss - Float roadworthy, regularly serviced, good condition</i> <i>Prepare a horse for travel (float bandages/boots/tail bandage)</i> <i>Discuss - Safe areas to load</i> <i>Discuss - Knowledge of how to safely load and unload</i> 		
Discuss the daily paddock checklist for your horse; <i>safe fencing, good water supply, shade/shelter, pasture quality, paddock hazards, horse, rug.</i>		
Know the main rules of feeding; <ul style="list-style-type: none"> <i>5 rules of feeding</i> <i>Outline a daily feeding and watering routine of own horse</i> <i>Know what your own horse is fed</i> 		
Knowledge of prevention and treatment of; <i>girth gall, sore back and sore mouth.</i>		
Knowledge of how to prevent tetanus <i>Vaccinations and how often booster's given?</i>		
Discuss parasite management in horses <i>Knowledge of particular worms <u>not required</u></i> <i>Oral worming and faecal egg count how often?</i>		

<p>Knowledge of basic first aid for horses <i>Know & demonstrate what your basic first aid kit should contain</i></p>		
<p>Knowledge of when to call the vet <i>Show some understanding of when a horse requires professional vet treatment and have the ability to notice that all is not well and understand when treatment is needed.</i></p>		
<p>Know signs and symptoms of: <i>Colic, Greasy heel, Lameness, minor wounds, Seedy Toe, Stone in the foot, Strangles, thrush & laminitis.</i></p>		
<p>Discuss appropriate dental care for horses <i>Candidate to understand why a horse's teeth get sharp and to know how often they should be checked.</i></p>		
<p>Saddlery and Equipment: Discuss & demonstrate correct fit of a saddle & bridle</p> <ul style="list-style-type: none"> • <i>Candidates to demonstrate their own correctly fitted saddle and bridle</i> • <i>Understand correct position on horse's back for safety and comfort of horse</i> • <i>Understand pommel and gullet clearance</i> • <i>Use of saddle blanket of appropriate size so no pressure points</i> • <i>Know how to tell if a bridle and bit is correctly fitted for safety and comfort of horse</i> <p>Know how to Care for Saddlery <i>(Including checking stitching)</i></p>		
<p>Identify the following parts of Saddle; cantle, waist, gullet, sweat flap.</p>		
<p>Discuss and understand the use of; Martingale, breastplates, surcingle & crupper.</p>		
<p>Fit, use and care of rugs</p> <ul style="list-style-type: none"> • <i>Safety aspects of rugging</i> • <i>Demonstrate how to rug a quiet horse</i> • <i>Demonstrate how to fold a rug on a place on horse</i> • <i>Know when to rug & not rug a horse</i> • <i>Explain correct fitting of rugs</i> • <i>Know how to care for rugs</i> 		
<p>Know the horse's thermoneutral zone and understand the implications for rugging <i>(Temperature range at which the body can maintain normal body temp without expending too much energy. Horse 5 – 25 degrees Celsius, feel if horse hot behind the withers).</i></p>		
<p>ASSESSMENT COMPETENT/NOT COMPETENT</p>		
<p>Comments:</p>		

ASSESSMENT DETAILS	
EXAMINER (Print Name)	
SIGNATURE of EXAMINER	
ZONE (Official name & title)	

THE EXAMINER/S DECISION AS TO THE RESULT OF ANY TEST WITHIN THE PONY CLUB MOVEMENT WILL BE FINAL.

- This sheet is to be handed in to the Club Secretary and will be given to the candidate in due course.
- The results are to be filled in on the separate PCA Summary Assessment Report (download from <https://ponyclubaustralia.com.au/certificate-assessments/>) and emailed to State Office membership@ponyclubvic.org.au and Pony Club Australia info@ponyclubaustralia.com.au (Put 'Certificate Assessments' in the Subject)
- Pony Club Australia certificates and disks are available from the Pony Club Victoria Shop <https://pony-club-victoria.myshopify.com/>

PLEASE RETURN A COPY OF THIS FORM TO CLUB

Here is a simple ground work dressage test you can do leading your horse.

Enter at A in medium walk

At D, halt for three seconds. Step the horse back (2 front steps). Continue in walk

At L walk a 10m circle to the right and then a 10m circle to the left. Continue up centre line

At X track right, at B turn right

At P turn right and lengthen the strides at walk. Just before V return to medium walk

At V Turn left

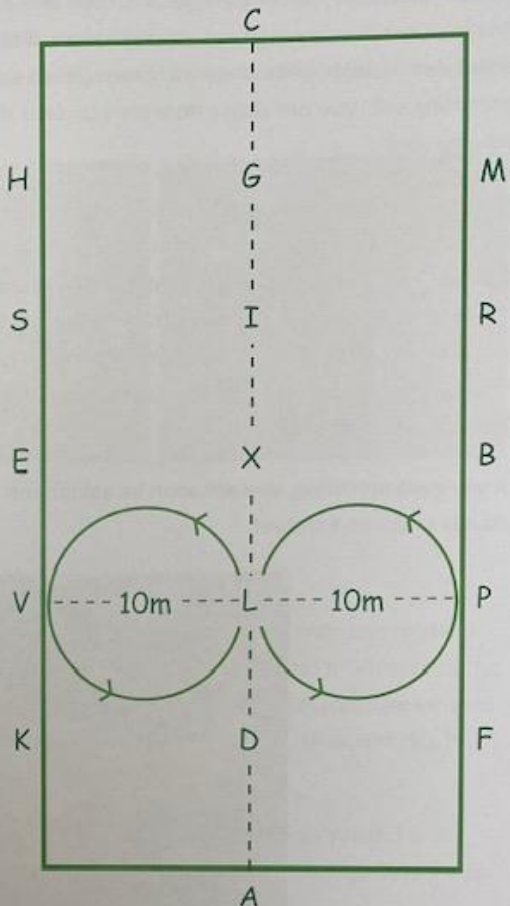
At A turn up centre line

Between D and L show slow strides. Return to medium walk

At X halt. Show park for 15 – 20 seconds

Give your horse a scratch as a reward

Turn left and leave the arena at A



Dressage arena.